STAY HOME IF YOU'RE SICK

If you're sick, stay home, rest, and remember to:

Cover your coughs and sneezes with a tissue or your sleeve.

Wash your hands often with soap and water.

Clean frequently touched surfaces and objects (for example, TV remotes and computers).

Gargle™

1-888-8GARGLE (427453)

Employers: Consider offering flexible leave and telework policies.
Make it easier for your staff to stay home when they're sick or caring for a sick family member